



Diabetes Care Program

Diabetes can be a life threatening illness if not properly managed. Homeless individuals, or those at risk, have a higher chance of experiencing complications from this disease. To ensure the best outcomes for our patients, Duffy Health Center has implemented evidence-based practices developed in collaboration with state and federal practice guidelines.

Supporting the Journey

Using best evidence practices, Duffy's diabetes team has decreased complications from chronic diabetes for over 75 patients in the past two years. Staff treat, educate and address related illnesses such as depression and smoking, and involve each person in developing a plan of care. Patients can access the program at Duffy Health Center and from the Mobile Health Clinic. Our goals for this program include:

- Achieving improved health outcomes for patients
- Transforming traditional medical practice to an interdisciplinary care model
- Encouraging patients to be active participants in their health care

Program Features

- Medical monitoring
- Exercise and diet management
- Monthly Diabetes Support Group

Partnering with the Community

Duffy Health Center's success is built upon the partnerships we strengthen in the community and the innovative solutions we provide. We welcome ideas, collaboration and your additional support.

"It has helped me very much in understanding the nature of diabetes... I appreciate very much all what I have learned in the support group."